

CFHI Webinar Discussion Series - Community Dementia Care and Support:

Innovations supporting people living with dementia and care partners closer to home

July 21, 2020, Webinar Discussion Summary

July 21, 2020, Webinar Synopsis:

This webinar provided an overview of CFHI's [Community Dementia Care and Support webinar discussion series](#). Participants discussed two innovations :

- 1) [Primary Health Care Integrated Geriatric Services Initiative](#) (PHC IGSI) and
- 2) CO-desiGning demeNtia dlagnosis ANd post-diagnostic CarE (COGNISANCE).

The moderators for the session were Mimi Lowi-Young (Chair of the Board of Directors: AGE-WELL Network Centre of Excellence INC.) and Mary Beth Wighton (Chair & Co-founder: Ontario Dementia Advisory Group (ODAG) and Dementia Advocacy Canada (DAC); Member - Federal Ministerial Advisory Board on Dementia),who provided insights throughout the session, including these two quotes:

“One of the biggest places we need to improve dementia care and supports is support at home. We know our care partners are being slammed by the lack of ability to support the care partner and person living with dementia. We need to start looking very quickly at how do we support people at home, both the person living with dementia and the care partner. We need a coordinated national support that will help people living with dementia and care partners navigate community supports post-diagnosis.”

- Mary Beth Wighton



“Navigation is a huge issue for individuals in terms of how to get access to services. Having 13 healthcare systems in Canada, how somebody actually accesses community care is somewhat different across the country. We need to be much better in terms of integrating and supporting people to navigate based on their particular needs. Individuals have different needs and they have to be able to access services based on what they feel they need in their journey.”

- Mimi Lowi-Young

July 21, 2020, Webinar Participants:

<i>Province & Territory</i>	<i>Number of Participants</i>
<i>Alberta</i>	<i>35</i>
<i>British Columbia</i>	<i>5</i>
<i>New Brunswick</i>	<i>4</i>
<i>Newfoundland & Labrador</i>	<i>1</i>
<i>Northwest Territories</i>	<i>3</i>
<i>Nova Scotia</i>	<i>4</i>

Nunavut	0
Ontario	31
Prince Edward Island	1
Quebec	5
Saskatchewan	10
Yukon	1
Total	100

July 21, 2020, Discussion Highlights:

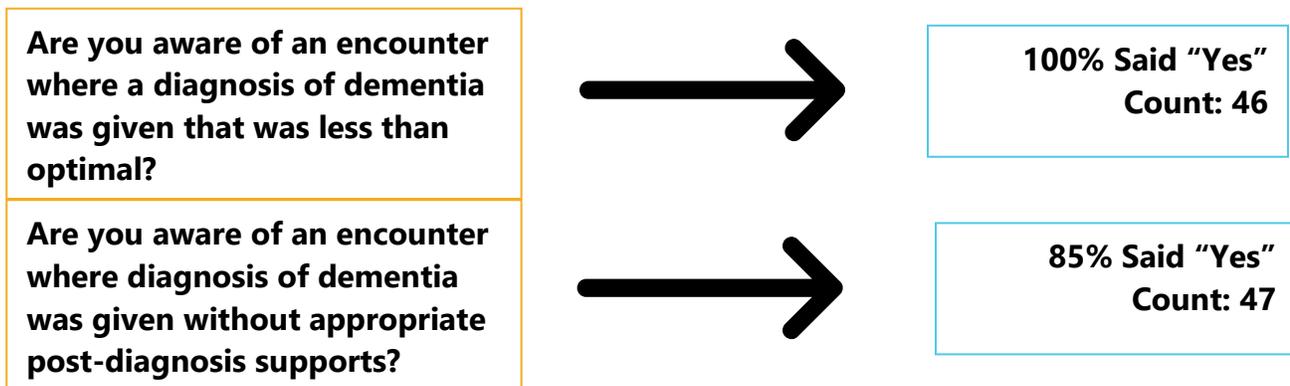
(A) Presentation 1: Primary Health Care Integrated Geriatric Services Initiative (PHC IGSI) – Dr. Karenn Chan (Assistant Professor, University of Alberta, Department of Family Medicine, Division of Care of the Elderly), Helen Lightfoot (Provincial Practice Lead, Seniors Health SCN, Alberta Health Services)

- Most people want to remain at home while they age. The PHC IGSI model provides people living with dementia care and support in their homes and community, and was designed based on guidance from care partners of people living with dementia.
- Using a community development approach, multi-sector community teams work collaboratively to implement PHC IGSI. The provincial team provides education, support, and mentorship to these teams to increase their capacity to plan and implement actions. Local teams comprised of health services, social services and community partners come together with community members to understand, plan and build new supports tailored to their community.
- Some of the supports that have been created through PHC IGSI are as follows:
 - Dementia education for business and public
 - Timely identification of dementia
 - Community Adult Day program
 - Falls Prevention for people living with dementia
 - Partnership with Community agencies for complex situations
- PHC IGSI underwent an evaluation of its pilot phase with the following results:
 - Decreased emergency room (ER) visits
 - Decreased hospital length of stay
 - Increased knowledge for physicians
 - Built cross-sector relationships with physicians
 - Increased knowledge and awareness of supports for persons living with Cognitive Impairment and Care Partners
 - Led to an Urban - \$1.30 and Rural - \$6.80 return on investment
- To learn more about PHC IGSI visit their [webpage](#).

(B) Presentation 2: CO-desiGning demeNtia dIagnosis ANd post-diagnostic CarE (COGNISANCE) - Carrie McAiney (Schlegel Research Chair in Dementia, Schlegel-UW Research Institute for Aging and Associate Professor, School of Public Health and Health Systems, University of Waterloo and Scientific Director, Murray Alzheimer Research & Education Program)

- COGNISANCE is an international study focused on enhancing or improving the dementia diagnosis process and the supports that are provided post-diagnosis.
- COGNISANCE is a 5-country, 3-year project that aims:
 - To co-design and deliver in partnership with people with dementia, family care partners, health and social care professionals, toolkits and social marketing campaigns.
 - To improve the dementia diagnostic process and post-diagnostic support in Australia, Canada, the Netherlands, the UK and Poland.
- An end goal of the initiative is to promote wide adoption and spread of the toolkits and campaigns will be widely adopted, including across Canada, starting in mid-2022. The Canadian Foundation for Healthcare Improvement (CFHI) is a member of our National Advisory Committee and will help to inform how we can spread the innovations across Canada.

(C) Discussion and Participation: Polling Questions. We asked participants of the webinar to answer a series of polling questions during the webinar. Below are the results of select polls.



(D) Discussion and Participation: Questions, Answers, and Comments/Suggestions. Participants were invited to ask questions and engage in a discussion. Below is the list of questions asked and the responses.

Q: Does anyone have a solution to be able to re-open adult day programs as they have been shutdown since the onset of the covid-19 pandemic?

A: Some strategies that have been or could be implemented are:

- Physical distancing.
- Use of technology to host virtual adult day program activities until they can safely open again.
- Some adult day programs that are not run out of Long-Term Care (LTC) homes have opened, but with limits of 10 people inside the building and up to 25 people outside the building.

We want more people to register! Here's how you can help:

- Share the [registration link](#) with people you think may want to attend the webinar series.
- Contact CBD-DMC@cfhi-fcass.ca to get information you can share about the community dementia care and support webinar series on your websites or through social media.

Innovation Open Calls:

We asked if participants were interested in joining CFHI and the innovators on an open call to learn more about PHC IGSI and COGNISANCE.

Would you like to participate in a call with CFHI to learn more about the PHC IGSI innovation?



**74% Said "Yes"
Count: 42**

Would you like to participate in a call with CFHI to learn more about COGNISANCE?



**74% Said "Yes"
Count: 43**