

Shaping the Future of Care Closer to Home for Older Adults

Focus Group Consultations

Thank you for participating in one of our focus groups!

OVERVIEW

Older people should be free to choose to age in place – meaning people should be supported to live safely and independently at home or in the community, for as long as they wish and are able. But what does this look like in Canada? And how do we work together to achieve it?

There are many innovations and models of care across the country that empower people to have independence, choice, and opportunities to improve their quality of life. HEC is bringing together people to have a conversation to identify what matters and promote excellence in care for older adults within home care.

We want to hear from those who are providing care to older adults in the home and community, those who are receiving care in the home and community, and family and caregivers.

Taking part in these conversations involves attending one virtual focus group lasting about 60 - 90 minutes, where a moderator will facilitate a discussion relating to barriers and enablers to ageing in place. Each focus group will have between six and ten participants. Your participation is voluntary, and you can withdraw from the focus group at any time.

OBJECTIVES

- To explore and identify innovative models that promote excellence in care for older adults within home care, by considering the following:
 - What are the **enablers to delivering safe and quality care** for older adults in the home and community?
 - Where are the **gaps** and **barriers**?
 - What does the **future of aging in place** look like, and what are the **opportunities to increasing people's choice** as to how and where they age?

- To examine six themes of barriers and enablers to ageing in place:

Individualized approaches to care, where people have control and flexibility over the care they receive, and where system barriers are addressed.

Supporting **home care teams** by valuing the work they do and ensuring investment in education and support is equal to that in acute hospitals and long-term care.

Having access to appropriate **technology** to support living at home, no matter where you live.

Effective partnerships and collaboration with the wider **healthcare system** to reduce impact on home care provision.

Acknowledging that informal **caregivers are essential care partners in care** but need support in navigating the health and social care system.

Ensuring **equal access and provision of home care**, especially in relation to services for First Nations, Inuit, and Métis; older people living in rural and remote communities; and in marginalized populations.

We are looking forward to hearing from you as you share your experiences, insights and big (and small) ideas and shape the future of care closer to home for older adults, together.

If you have any questions about the focus groups or this project, please contact:

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Thank you for your participation!